



NARAYANA
COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

Recognized by Indian Nursing Council and A.P. Nurses & Midwives Council

Affiliated to NTR University of Health Sciences, A.P. Vijayawada.

Accredited by "International Accreditation Organization (IAO)"

website: www.narayanannursingcollege.com || e-mail: narayana_nursing@yahoo.co.in



NSS ACTIVITES LIST FOR THE YEAR 2021-2022

S.NO	ACTIVITIES OF NSS UNIT	DATE
1	REPUBLIC DAY	26/01/2022
2	WORLD CANCER DAY	4/02/2022
3	INTERNATIONAL WOMEN DAY	8/03/2022
4	WORLD TUBERCULOSIS DAY	24/03/2022
5	WORLD HEALTH DAY	07/04/2022
6	WORLD NO TOBACCO DAY	31/05/2022
7	INTERNATIONAL YOGA DAY	21/06/2022
8	WORLD POPULATION DAY	11/07/2022
9.	BREAST FEEDING WEEK	01/08/2022- 07/08/2022
10	WORLD YOUTH DAY	12/08/2022
11	INDEPENDENCE DAY	15/08/2022
12	WORLD ALZHEIMERS DAY	21/09/2022
13	NSS FOUNDATION DAY	24/09/2022
14	NATIONAL BLOOD DONATION DAY	01/10/2022
15	MENTAL HEALTH DAY	10/10/2022
16	WORLD AIDS DAY	01/12/2022

PROGRAM OFFICER



PRINCIPAL

Principal
NARAYANA COLLEGE OF NURSING
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NSS UNIT CELL

Date: 15.07.2022

CIRCULAR

This is for your kind notice that, NSS Unit is conducting Swachh Bharath Program on 17.07.2022 in the Narayana College of Nursing campus, between 10 am to 1.00 pm. All the faculties and NSS student volunteers are informed to attend the program to make it a success.

Pallavi Lakshmi

NSS PROGRAM OFFICER

S. S. S. S.

PRINCIPAL

Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

Copy to Class Co-Ordinators

IQAC Co-Ordinator

All HODs





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REPORT ON SWACHH BHARATH PROGRAM -17.07.2022

Name of Activity organized	Swatch Bharath Program
Title of the Activity	SWACHH BHARATH PROGRAM 2022
Date of activity organized	17.07.2022
Name of the coordinator Activity	Mrs.Pallavi Naik
Place of the Activity	Narayana College of Nursing, Nellore
No. of participant (students +staffs)	50
Name of the sponsored organization	NSS cell NTRUHS
Nature of sponsorship	Regular Nss Activity
Objective of the Activity	To maintain cleanliness in college premises
Outcome of the Activity	Cleaning the college premises from morning to afternoon.

Narayana College of Nursing initiated a step ahead with NSS unit of Narayana College of Nursing conducted Swatch Bharath program on 17.07.2022. NSS volunteers and Program Officer were participated in Swatch Bharath program by taking the Swatch Bharath- swatch India oath. Chief Guest of the program was Dr. Indira A, Principal; Narayana College of Nursing gave speech on the importance of nationwide cleanliness initiative in the form of "Swatch Bharath Mission" focusing on improvement in cleanliness and hygiene in urban and rural areas, in work places and homes etc. The motto is to maintain cleanliness in college premises. The main purpose of this program was to create awareness among the students regarding Cleanliness and its benefits as a part of this Cleanliness Drive; we had to clean the whole college. Some of the students did the dusting of the rooms' And others went to the play ground and started picking wrappers lying scattered thereafter collecting them they threw them in to the dustbins. After doing this job for two to three hours, we all assembled in the hall. Thereafter our Principal delivered the speech telling us the importance of sanitation. She also honored the sweepers of the college for their noble job. In the end we all took oath of keeping our home, locality and city clean. It was a unique experience for all of us' we were curious to be the part of this great drive that could have transformed the face of our country for ever. Fifty NSS volunteers were actively participated in cleaning the college premises from morning to afternoon. Later the refreshments were distributed to NSS volunteer.



S. Suresh
Principal
NARAYANA COLLEGE OF NURSING
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NELLORE - 524 003.

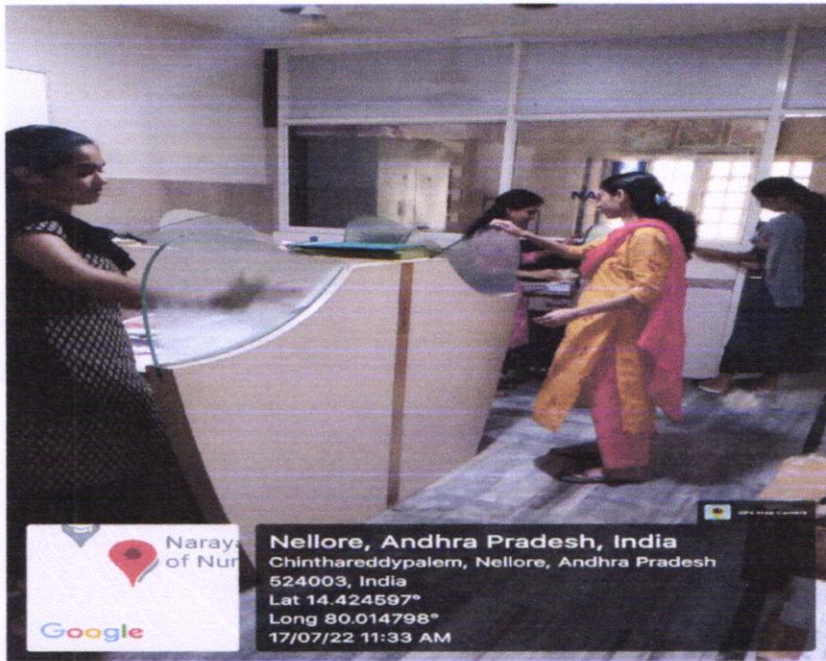


Fig 1: NSS volunteers cleaning the Narayana Nursing College Premises

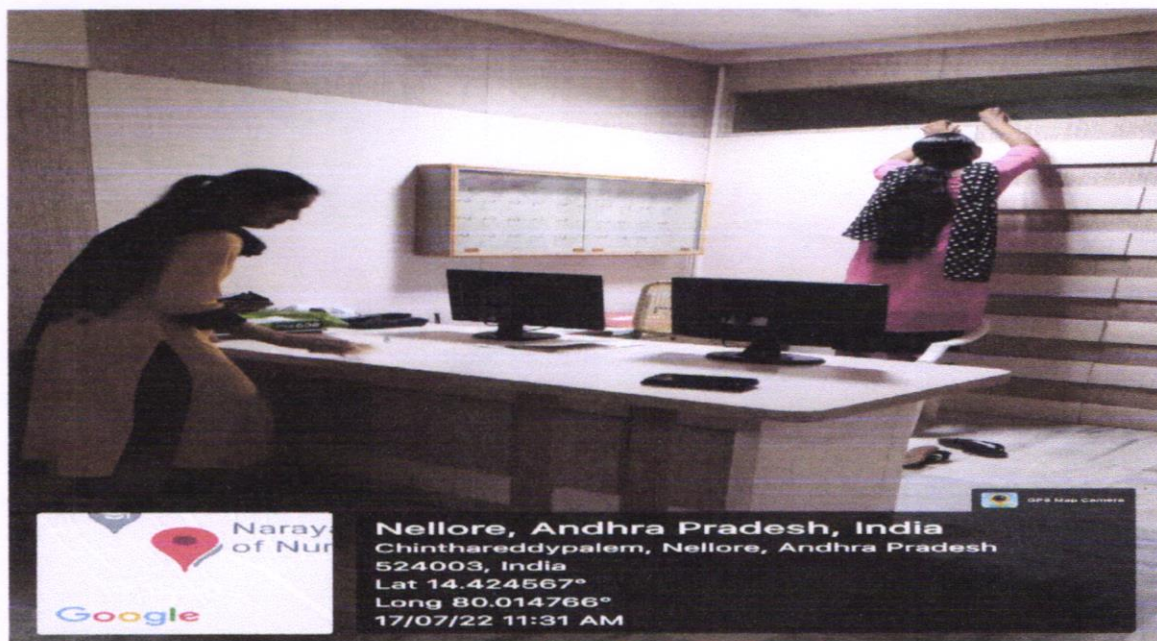


Fig 2: NSS volunteers cleaning the Narayana Nursing College Premises

P. Kavitha

SIGNATURE OF PROGRAM OFFICER



S. Suresh
PRINCIPAL

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S.No.	Name of the Student	Signature
1	ABIA ALEX	
2	ADITHYA M MANOJ	
3	AKHILA JOSEPH	
4	ALEENA JOSEPH	
5	ALEENA JOSEPH	
6	ALEENA P JOMON	
7	ALEESHA JACOB	
8	AMALA MOL ANTONY	
9	AMARAPU SRUTHI	
10	ANAGHA SANTHOSH	
11	ANANYA CHANDRAN	
12	ANATTMOL SOJAN	
13	ANEENA MARIA STERIN	
14	ANEESHA SHIBU	
15	ANGALAGULLI SHIVANJALI	
16	ANI LA ALEX	
17	ANITTA ELSA VARGHESE	
18	ANJALI S BIJU	
19	ANJALI.K	
20	ANJALY K THOMAS	
21	ANJANA PUSHPAN	
22	ANJANA ROY	
23	ANJITHA K SHAJI	
24	ANSU MARY REJI	
25	ANU ALPHONSA JOHN	
26	ANUJA VIJAYAN	



Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

27	APPULAPPA GARI SUPRIYA	<i>Supriya</i>
28	ARATHI S VIJAYAN	<i>Arathi</i>
29	ARATHY NANDANA.S	<i>Arathy</i>
30	ARDRA T BIJU	<i>Ardra</i>
31	ARPAKA BIJU	<i>Arpaka</i>
32	ASHITHA AJAYAN	<i>Ashitha</i>
33	ASHLY SIJU	<i>Ashly</i>
34	ASHNA BABY	<i>Ashna</i>
35	ASWATHY PANKAJAKSHAN	<i>Aswathy</i>
36	ATHIRA.B.S	<i>Athira</i>
37	ATHULYA.V.R	<i>Athulya</i>
38	B.CHANDRAKALA	<i>Chandrakala</i>
39	B.SIVALEELA	<i>Siva</i>
40	BANDILA GAYATHRI	<i>Gayathri</i>
41	CHRISTINA SEBASTIAN	<i>Christina</i>
42	CHRISTY THERESA JOSEPH	<i>Christy</i>
43	DELISHYA.AGNES GEORGE	<i>Delishya</i>
44	DIYA SIVAN	<i>Diya</i>
45	DIYA.M.P	<i>Diya</i>
46	EAIMI K SABU	<i>Eaimi</i>
47	ELVIN JOSON	<i>Elvin</i>
48	ESTHER M DAVIS	<i>Esther</i>
49	GAURI PRIYA SHAJI	<i>Gauri</i>
50	GOPU KOUSALYA	<i>Govu</i>
51	HARIPRIYA JIJU	<i>Haripriya</i>
52	JEENA GEORGE	<i>Jeena</i>
53	JENUMOL THOMAS	<i>Jeena</i>
54	JEREENA JOSY	<i>Jereena</i>
55	JESLIN.M	<i>Jeslin</i>
56	JISA BIJU	<i>Jisa</i>
57	K.SAI KEERTHI	<i>Sai</i>
58	KALLUBANDI MANISHA	<i>Kallubandi</i>
59	KEERTHANA RAJESH	<i>Keertana</i>
60	KURAKU RAMADEVI	<i>Kuraku</i>
61	LAKSHMI PRAMOD	<i>Lakshmi</i>
62	LEKSHMI R NAIR	<i>Lakshmi</i>
63	M.S.KRISHNAVENI	<i>Krishna</i>
64	M.SANDHYA RANI	<i>Sandhya</i>



S. Reddy
Principal
NARAYANA COLLEGE OF NURSING
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65	MARIYA GEORGE	
66	MEEJURU SUCHARITHA	<i>Meejuru</i>
67	MONISHA RAJ	<i>Monisha</i>
68	MUPPARAPU MELSHEIA ANGEL	<i>Mupparapu</i>
69	NAGURU LIKHITHA	<i>Naguru</i>
70	NAKKA MANJU	<i>Nakka</i>
71	NARASING MAHITHA	<i>Naras</i>
72	P.KALPANA	<i>P.Kalpana</i>
73	P.OOHA	<i>P.Ooha</i>
74	P.SWAPNA	<i>P.Swapna</i>
75	PAGADALA RAHITHA	<i>Pagadala</i>
76	R.SAHITHYA LAKSHMI	<i>R.Sahithya</i>
77	RIYA K REMESAN	<i>Riya</i>
78	S.KUMARI	<i>S.Kumari</i>
79	S.SUKANYA	<i>S.Sukanya</i>
80	SANDRA MOHANAN	<i>Sandra</i>
81	SANDRA MOL.P.S	<i>Sandra</i>
82	SANDRA SAJEEV	<i>Sandra</i>
83	SARMISTHA ROY	<i>Sarmista</i>
84	SHALU.E.B	<i>Shalu</i>
85	SHALUMOL SASEENDRAN	<i>Shalumol</i>
86	SHEONA SHINE	<i>Sheona</i>
87	SHERIN KOCHUMON	<i>Sherin</i>
88	SHINCY AJIKUMAR	<i>Shincy</i>
89	SINNYAMOL.S.M	<i>Sinnyamol</i>
90	SK.KASIFA	<i>Sk.Kasifa</i>
91	SONA BIJU	<i>Sona</i>
92	SONA JOGI	<i>Sona</i>
93	SONA SANTHOSH	<i>Sona</i>
94	SREELAKSHMI.M.R	<i>Sreelakshmi</i>
95	SREELAKSHMI.S	<i>Sreelakshmi</i>
96	SREYA MARIAM SHAJI	<i>Sreya</i>
97	SUKHITHA.S	<i>Sukhitha</i>
98	SUNITA GEYAN	<i>Sunita</i>
99	TITTY ELIZABETH THOMAS	<i>Titty</i>
100	V.RUTH HAVEELA	<i>V.Ruth</i>

Pallavi
Programme Officer



Shree
Principal
 Narayana College of Nursing
 Chinthareddypalem,
 Nellore - 524 003.



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NSS UNIT CELL

Date: 11.07.2022

CIRCULAR

This is for your kind notice that, NSS Unit is conducting World Population Day on 11.07.2022 with the theme of "Towards a Resilient Future for All Harnessing Opportunities and Ensuring Rights and Choices For All" in the Narayana College of Nursing campus, between 4pm to 5pm. All the faculties and NSS student volunteers are informed to attend the program to make it a success.

NSS PROGRAM OFFICER

PRINCIPAL

Copy to Class Co-ordinators

IQAC Co-Ordinator

All HODs



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REPORT ON WORLD POPULATION DAY

DATE: 11/072022 TIME: 4.00pm -6.00pm

VENUE: III Floor Auditorium Narayana college of Nursing, Nellore.

Name of Activity organized	WORLD POPULATION DAY
Title of the programme	WORLD POPULATION DAY
Theme of the programme	TOWARDS A RESILIENT FUTURE FOR ALL-HARNESSING OPPORTUNITIES AND ENSURING RIGHTS AND CHOICES FOR ALL.
Date of activity organized	11/072022
Name of the coordinator of Activity	Mrs. PALLAVI NAIK
Venue	III Floor Auditorium Narayana college of Nursing, Nellore
No. of participants	100
Objective of the Activity	The world acknowledges the day with the goal of raising awareness regarding the access to population and how to promote the population healthy.
Outcome of the Activity	Created awareness about population and the rights.




Principal
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Report of the Activity

Department of NSS Cell unit has organized awareness program on world population Day on 11 July 2022 between 4PM -6 PM in III Floor Auditorium at Narayana College of Nursing, Nellore. The program was coordinated with Community Health Nursing department. The program was inaugurated by Dr. A. Indira dean of NNC, Principal and HOD of Narayana College of nursing,. A total of 100 Students were participated in the population Day.

The program was started at 4 pm with the welcome address which was proposed by Associate Professor Mrs. Pavithra.

Prof .B. Vanaja kumari HOD of Department Community Health Nursing. Given a address on the population explosion and rights of the human beings. For controlling the population, as a nurse we should have to know our awareness and given the motivational speech.

Later, Dr. Kumari.v HOD of Department OBG , Prof .B. Vanaja kumari HOD of Department Community Health Nursing, Mrs. Pallavi Naik NSS Program officer, were evaluated the marks for poster presentations.

The II year students performed a skit on awareness on population, and the II year Maria Thomas given a speech on population and its effects. Later, we displayed a video on population growth and its effects.

The Program was ended with the vote of thanks by Mrs. J.D. Shiny swarupa and by distributing snacks to all the participants.



Programme Officer



Principal

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SNO	Students Name	Signature
1	ALEENA BABU	
2	ALEENA BENNY	
3	ALEENA SHAJI	
4	ALEENAMOL REJI	
5	ANITTA JOY	
6	ANUPAMA BIJU	
7	APARNA BOSE	
8	ARCHANA BIJU	
9	ARYA S NAIR	
10	ARYA THANKACHAN	
11	ATHIRA VINOD	
12	DAGGUPATI BHUVANESWARI	
13	DATTAM PUJITHA	
14	DEEPTHI SATHEESH	
15	DONA BENNY	
16	ELSA REJI	
17	EMILIN ISSAC	
18	HRIDYA MARIA	
19	ILLURU NISSI MOULIKA	
20	ITREDDY HEMALATHA	
21	JAICY JOY	
22	JENCY MARIYA JOSEPH	
23	JINIT JAMES	
24	JOSNA JOSE	
25	KRISHNA BIJU	
26	KRISHNENDHU K S	
27	KUNDURTHI PRAVALLIKA	
28	LINI GEORGE	
29	MABLE JACOB	
30	MARIA MATHEW	
31	MARIA SHAJI	
32	MARIYA SANTHOSH	
33	MUDI SRIVIDYA	



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34	MUTHYALA RAMA SRI PRIYA	R. Sripranya
35	PARVATHY SABU	Parvathy
36	PATTAPU HARSHA	Harsha
37	PHIONA TOM	Phiona
38	PUSAPATI LEELAVATHI	Pheelaavathi
39	RESHMI MOHANAN	Reshmi
40	RIYA ALEX	Riya
41	SANDRA S	Sandra
42	SHINCY SHIJU	Shincy
43	SINGIRI BHANUSRI	Singiri
44	SIYAMOL SIBY	Siyamol
45	SNEHA A J	Sneha
46	SOUMI SUNNY	Soumi
47	SREELAKSHMI T G	Sreelakshmi
48	SURYA SURENDRAN	Surya
49	TESA TOMY	Tesa
50	THEERTHA R	Theerthalee
51	AKSA ELISABATH THOMAS	Aksa
52	AKSHAYA SHIBU	Akshaya
53	ALEENA ANNA JOGY	Aleena
54	ALEENA BABY	Aleena
55	ALEENA K J	Aleena
56	ALEENA MARIA BABU	Aleena
57	ALEENA ROY	Aleena
58	ALPHIYA SUSAN VARGHESE	Alphiya
59	AMRUTHA HARIHAR	Amrutha
60	ANCY CHERIYAN	Ancy
61	ANEETA T M	Aneeta
62	ANGEL RIJU	Angel
63	ANIJAMOL SEBASTIAN	Anijamol
64	ANISHA ANIL	Anisha
65	ANNETTE SELIN MATHEW	Annette
66	ANSU RAJ	Ansu
67	ANU ELIZABETH THOMAS	Anu
68	ANUPRIYA DENNIS	Anupriya
69	ARATHY M V	Arathy
70	ASHAMOL A K	Ashamol
71	ASHINA S	Ashina
72	ASHNA JINTO	Ashna
73	ASHNA JOSE	Ashna
74	AXEA P ABY	Axea
75	AYONA SABU	Ayona



Principal
NARAYANA COLLEGE OF NURSING
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NELLORE - 524 003.

76	BIJIMOL ANTONY	<i>Biji</i>
77	BISMI MARIA	<i>Bismi</i>
78	CHRISTEENA BAIJU	<i>Christeena</i>
79	DEETHI THOMAS	<i>Deethi</i>
80	ELSITTA JIJI	<i>Elsitta</i>
81	FEBIN REJI	<i>Febin</i>
82	GAYATHRI JALEDHAN	<i>Gayathri</i>
83	GIYA MOL ABRAHAM	<i>Giya</i>
84	JESMI JOMON	<i>Jesmi</i>
85	JIYA MATHEW	<i>Jiya</i>
86	MARIA OUSEPH	<i>Maria</i>
87	MARIYA THOMAS	<i>Mariya</i>
88	MEKHAMOL BINU	<i>Mekhamol</i>
89	MELFY PHILIP	<i>Melfy</i>
90	NIKHITHA ALEYAMMA VARGHESE	<i>Nikhitha</i>
91	NIMMY C J	<i>Nimmy</i>
92	REVATHY V R	<i>Revathy</i>
93	ROSEMARIYA V P	<i>Rosemary</i>
94	SANDRA JAYAKUMAR	<i>Sandra</i>
95	SNEHA MANOJ	<i>Sneha</i>
96	SNEHA SHAJI	<i>Sneha</i>
97	SNEHA SIBY	<i>Sneha</i>
98	SNEHA VARGHESE	<i>Sneha</i>
99	SONIA ANTONY	<i>Sonia</i>
100	TEENA MARY JOSE	<i>Teena</i>

Pallavi
NSS Program Officer



Adrees
Principal

Principal
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NSS UNIT CELL

Date: 07.04.2022

CIRCULAR

This is for your kind notice that, NSS Unit is conducting World Health Day on 07.04.2022 with the theme of "Our Planet, Our Health" in the Narayana College of Nursing campus, between 4pm to 5pm. All the faculties and NSS student volunteers are informed to attend the program to make it a success.

NSS PROGRAM OFFICER

Copy to Class Co-ordinators

IQAC Co-Ordinator

All HODs



PRINCIPAL

Principal
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Report on World health day Celebration-2022

THEME: "Our Planet, Our Health". 07-04-2022

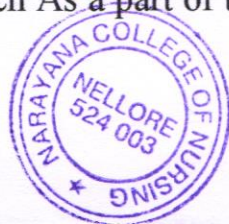
Health is Wealth."

"Health is the relationship between you and your body."

In the midst of a pandemic, a polluted planet, increasing diseases like cancer, asthma, and heart disease, on World Health Day 2022, WHO will focus global attention on urgent actions needed to keep humans and the planet healthy and foster a movement to create societies focused on well-being. It is celebrated annually to draw attention to a specific health topic of concern to all people across the world. On this day, WHO was established in 1948. Therefore, the day marks the anniversary of the founding of WHO. On this day, WHO will focus on urgent actions needed to keep humans and the planet healthy globally and also foster a movement to create a society focused on well-being. On this day several programs and arrangements are managed by the World Health Organisation.

Narayana College of Nursing had conducted World health day under the NSS unit. The theme of World Health Day 2022 is "Our Planet, Our Health". This year's theme focuses on keeping humans and the planet healthy and also fostering a movement to create a society focused on well-being. The program was started at 4:00 PM in the auditorium of Narayana College of Nursing's 3rd floor with the participants of 200 student volunteers. The program started with a prayer song and welcome song by the students and welcome address by T.Ushakiran NSS PO, lamp lighting by the dignitaries

With the InSite Dr.Indira.A.Principal and chairperson of the NSS cell introduced the theme to the audience Every year, more than 13 billion deaths occur due to avoidable environmental causes, as per the WHO. This consists of the climate crisis, which is the single biggest threat to health facing humanity. Therefore, the climate crisis is also a health crisis. At the global level, World Health Day targets all the issues related to health, and for this several programs are organized yearly basis by organizations at several places like schools, colleges, etc. Dr.V.Kumari Vice principal of the HOD OBG Nursing department explained in her speech As a part of the World Health Day celebrations, various



Sameer
Principal
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events and activities are organized to help people understand how to avoid various health issues and live a healthy life. Prof V. Jayanthi Principal Sree Narayana Nursing college explained the history of world health day and the cause to choose the year Theme and how to control Climate change is manifesting in increasing temperatures, rising sea levels, changing rainfall patterns, and more frequent and severe extreme weather conditions related aspects were discussed.

Prof. Vanajakumari Vice-principal of HOD Communication education department Narayana college of Nursing spoke about public health, climate-related, vector- or water-borne, transmitted from animals to humans, or the result of natural disasters.

Prof Shanmughavadu HOD of the Pediatric Nursing Department spoke about diarrhoeal diseases, causes of disease, and death in children younger

Prof A. Latha HOD Medical-surgical nursing department spoke about Our Health, which serves as a timely reminder of the inextricable link between the planet and our health, as the burden of non-communicable and infectious diseases rises alongside the growing incidence of climate-related challenges.

With all the other Department HODs' speeches on the importance of the theme and importance of world health day the program continued with the prize distribution for the winners of the drawing competition and essay writing competition and a slide show was played by the IIBSc nursing students on the theme and program ended with vote of thanks the program was concluded by T. Ushakiran NSS PO



J. S. S. S.
Principal
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Photo gallery

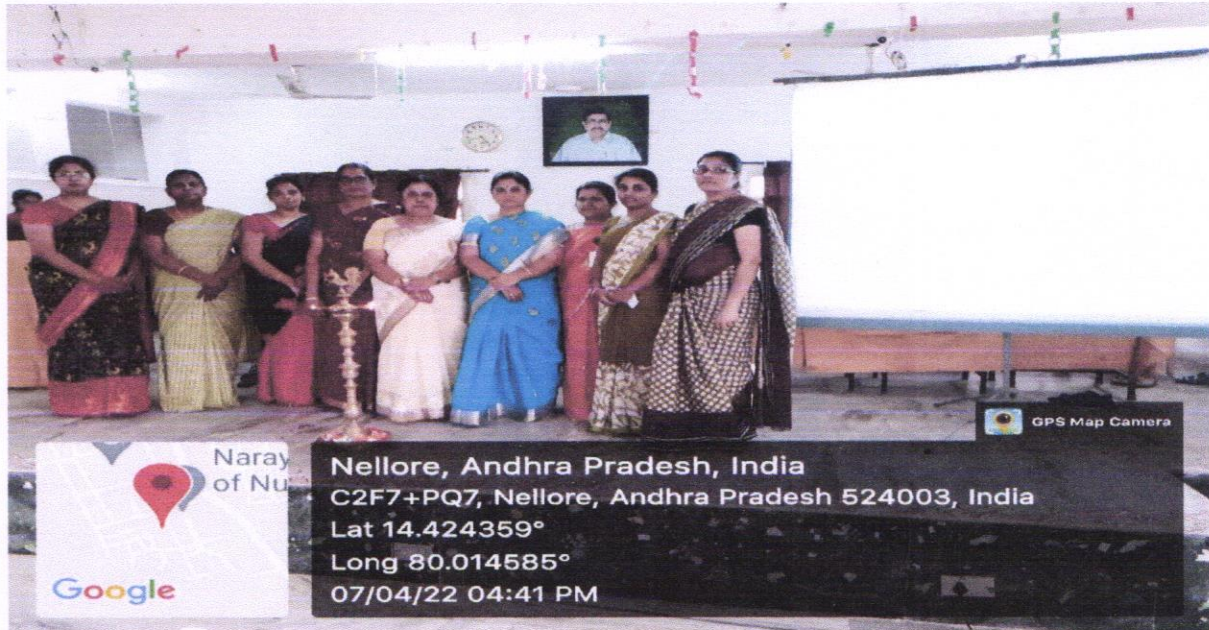


Fig: 1 World health day programme celebration by all HOD and faculty



Fig:2 Lamp lighting by Dignitaries



Indira S
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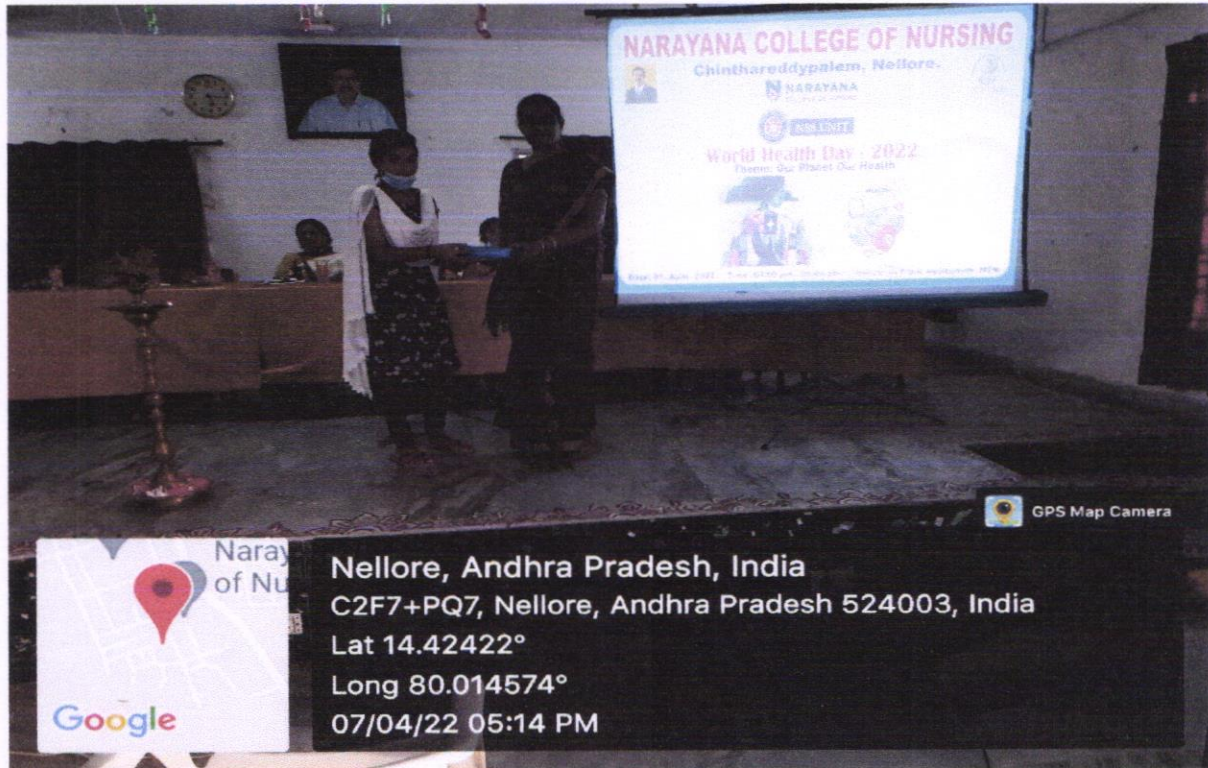


Fig:3 prize distribution to student winners

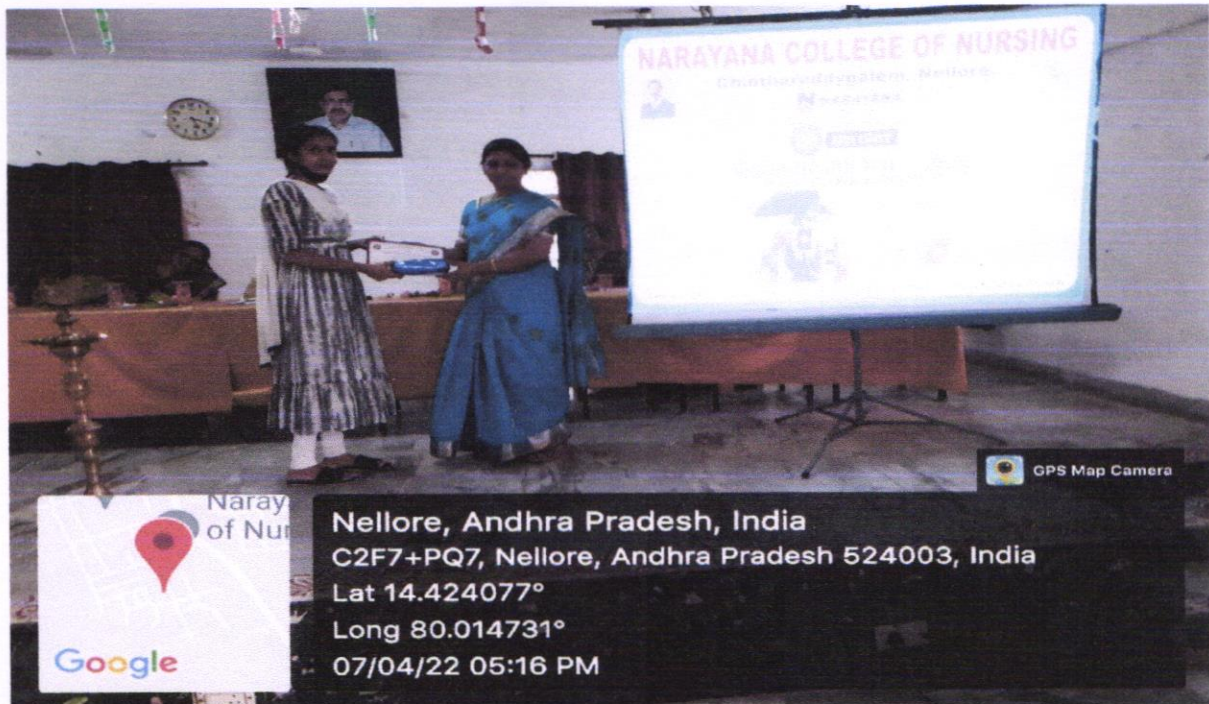
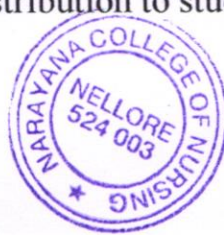


Fig:3 prize distribution to student winners



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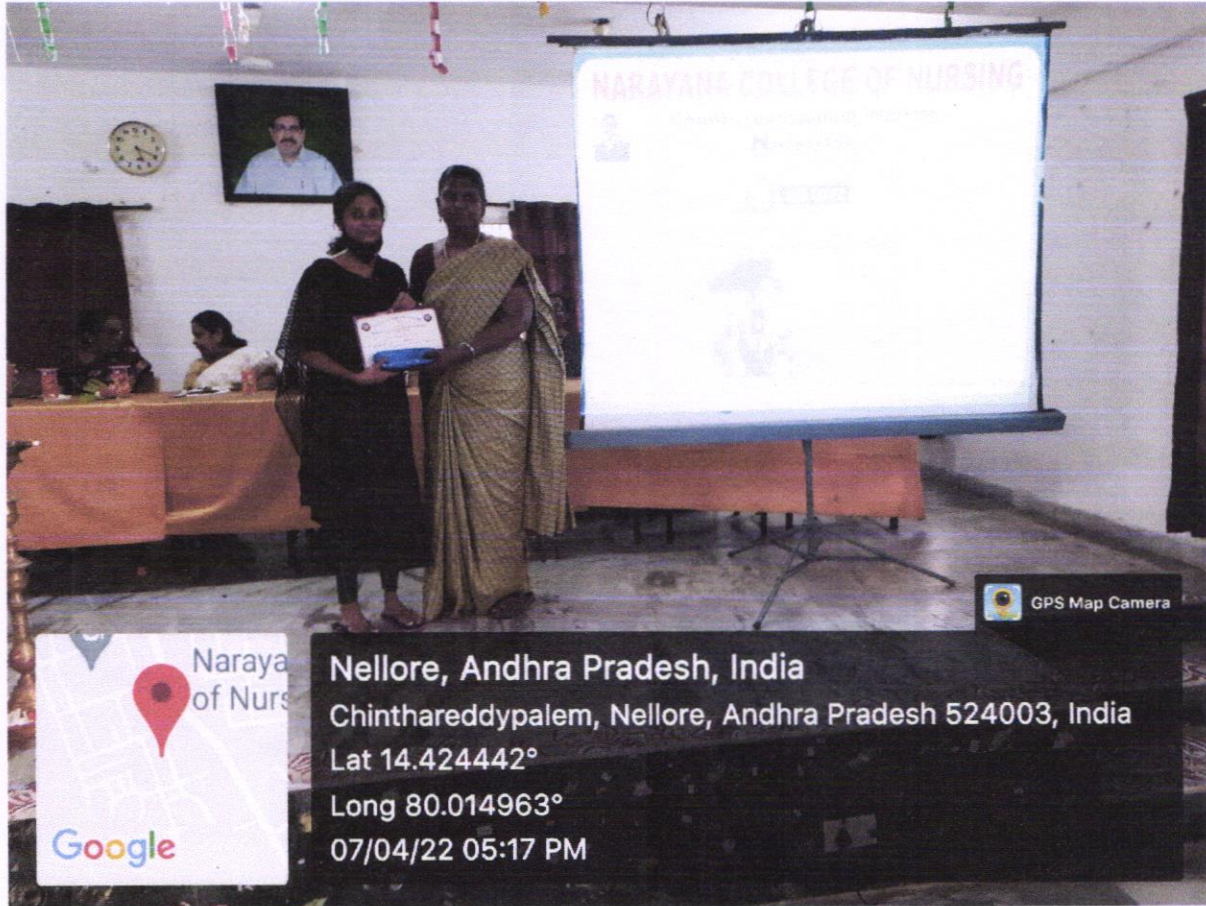


Fig:4 prize distribution to student winners

Pallavi Jain

NSS Programme officer



P. S. Reddy's
Principal

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SNO	StudentName	Signature
1	ABHIRAMI R	Abhirami
2	AISWARYA VINOD	Aiswarya
3	AKHILA BABY	Akhila
4	ALEENA JOSEPH	Aleena
5	ALEENA SHAJI	Aleena
6	ALFA MATHEW	Alfa
7	ANCY MOL WILSON	Ancy Mol
8	ANJU ANTONY	Anju
9	ANJU P	Anju
10	ANN MARIA ROY	Ann
11	ANNA VARGHESE	Anna
12	ANNU ELSA THOMAS	Anna
13	ANUVINDA T N	Annu
14	APARNA BIJU	Aparna
15	ASHLY SANTY	Ashly
16	ASHLY TREESA PAUL	Ashly
17	ATHULYA R	Athulya
18	CHELCYMOL BENNY	Chelcymol
19	CHINNU VARGHESE	Chinnu
20	CHRISTEENA ELIZABETH THOMAS	Christeena
21	DEVIKA ANIL	Devika
22	DONA THOMAS	Dona
23	FATHIMA HUSSAIN	Fathima
24	HELAN ROSE BENNY	Helan
25	INDLA VYSHNAVI	Indla
26	JOBINA ANTONY	Jobina
27	JOSHMI RAJ	Joshmi
28	JOSMY JOY	Josmy
29	JOSNA GEORGE	Josna
30	LITTY V JOSEPH	Litty
31	MELBIN MARY MANI	Melbin
32	NIMMY THAMPY	Nimmy
33	PIA MATHEW	Pia
34	RADHIKA J	Radhika
35	RESMI RAJENDRAN	Resmi
36	RINTU RAJU	Rintu



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37	RIYA MARIA RAJU	<i>Riya</i>
38	RUBY ALEXANDER	<i>Ruby</i>
39	SETHULAKSHMI ANILKUMAR	<i>Sethu</i>
40	SIYONA MARIAM VARGHESE	<i>Siyona</i>
41	SNEHA SAJU	<i>Sneha</i>
42	SONA ANNA VARGHESE	<i>Sona</i>
43	SONA CHACKO	<i>Sona</i>
44	SREELAKSHMI S	<i>Sreelakshmi</i>
45	SREELEKSHMI VIJAYAN	<i>Sreelakshmi</i>
46	SRUDHI O S	<i>Srudhi</i>
47	TINA K TOMYCHAN	<i>Tina</i>
48	VEENA SURESH	<i>Veena</i>
49	VRINDA VINOD	<i>Vrinda</i>
50	D.Haritha	<i>Haritha</i>

Pallavi
Fair

Programme Officer



Adwait
Principal

Principal
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Report: Celebration of International Yoga Day on 21st June 2022
Theme: "Yoga for Humanity"

Name of activity organized	International Yoga Day
Title of the activity	"Yoga for Humanity"
Date of activity organized	21 st June 2022
Name of the coordinator of activity	Mrs. Pallavi Naik
Place of the Activity	Narayana college of nursing, Nellore
No. of participants (student +staff)	50 + 10
Name of the sponsored organization	NSS cell NTRUHS
Nature of sponsorship	Regular NSS Activity
Objective of the Activity	Make the NSS volunteers and students to participate in the Yoga day
Outcome of the Activity	Awareness of the benefits of yoga to the student



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Report: Celebration of International Yoga Day on 21st June 2022
Theme: "Yoga for Humanity"

This year's yoga day celebration was held with great enthusiasm at Narayana College of Nursing. A large number of students, teaching and non-teaching staff attended the event this year. International Yoga Day was celebrated on 21st June 2022, NSS unit of Narayana college of Nursing in the campus. In which NSS volunteers, faculty participated enthusiastically, practiced various 'asanas' of Yoga and pranayama.

Dr. Indira.A; Principal, Dr. V.kumari, Vice –principal, Mrs.B.Vanaja kumari ;Professor and all the HODs were participated.

The session was around 7 am to 9 am. The program was started with the prayer song and welcome song by II Year nursing students.

Dr. V.kumari, mam, given A detailed explanation of all the yoga and its 'asanas' benefits were explained to the students. Students performed all the yoga positions very enthusiastically as explained.

A group of students who were yoga students performed several asanas. They also performed standing and sitting asanas. One could understand by watching their performance that they have been practicing yoga for the last few years.

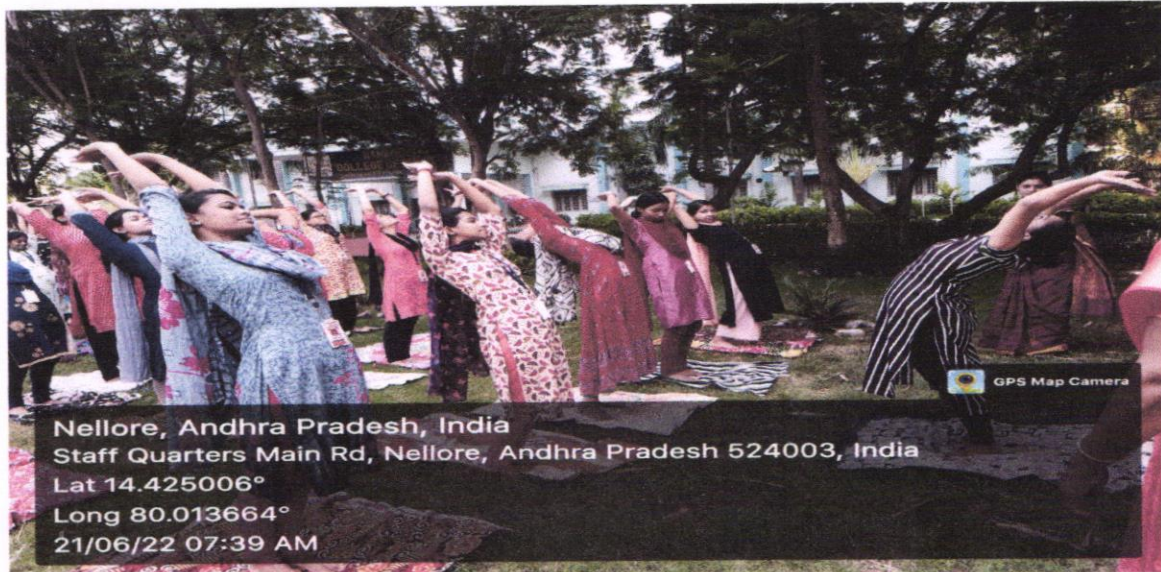
Some of the seniors even did some of the tough asanas. Ms.Veena Suresh (III year nursing student) showed us some simple and beginner asanas which we did for about 30 minutes.

The session was really organized.

There was faculty all around students to help in case they had trouble performing or understanding asanas. All the students participated eagerly.

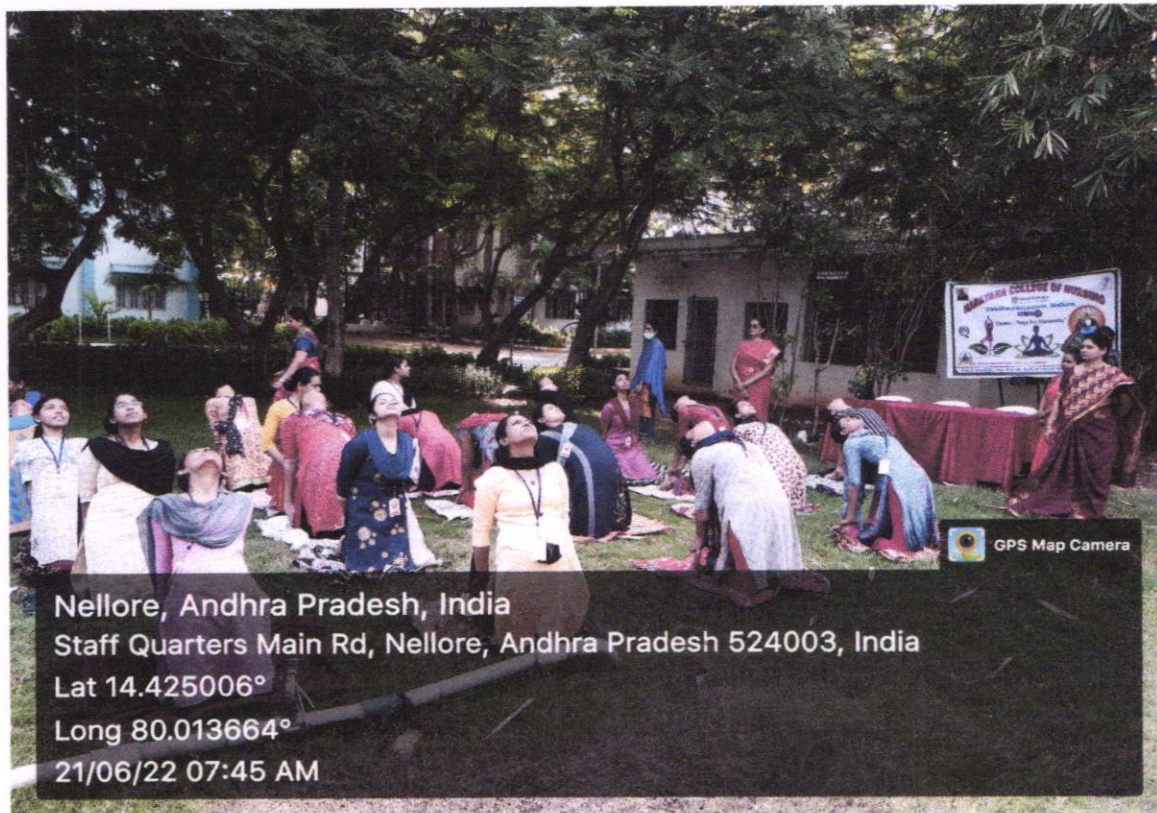


Principal
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Chinthareddypalem,
NELLORE - 524 003.



Nellore, Andhra Pradesh, India
Staff Quarters Main Rd, Nellore, Andhra Pradesh 524003, India
Lat 14.425006°
Long 80.013664°
21/06/22 07:39 AM

Fig: students were performing asanas



Nellore, Andhra Pradesh, India
Staff Quarters Main Rd, Nellore, Andhra Pradesh 524003, India
Lat 14.425006°
Long 80.013664°
21/06/22 07:45 AM

Fig: students were performing asanas



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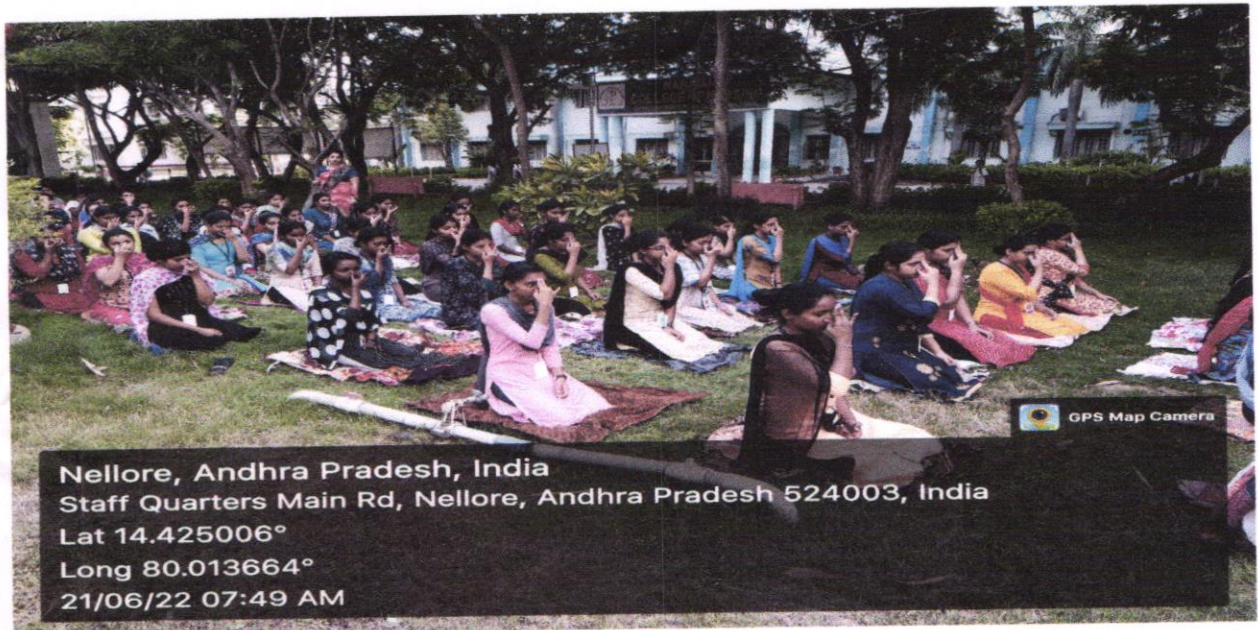


Fig: students were performing Yoga



At the end of the program dignitaries gave speech on yoga and its importance to the gathering. The program ended with national anthem.

Callanip Lakshmi
 NSS PROGRAM OFFICER

NSS Program Officer
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Jadav
 PRINCIPAL

Principal
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1	ALEENA BABU	
2	ALEENA BENNY	
3	ALEENA SHAJI	
4	ALEENAMOL REJI	
5	ANITTA JOY	
6	ANUPAMA BIJU	
7	APARNA BOSE	
8	ARCHANA BIJU	
9	ARYA S NAIR	
10	ARYA THANKACHAN	
11	ATHIRA VINOD	
12	DAGGUPATI BHUVANESWARI	
13	DATTAM PUJITHA	
14	DEEPTHI SATHEESH	
15	DONA BENNY	
16	ELSA REJI	
17	EMILIN ISSAC	
18	HRIDYA MARIA	
19	ILLURU NISSI MOULIKA	
20	ITREDDY HEMALATHA	
21	JAICY JOY	
22	JENCY MARIYA JOSEPH	
23	JINIT JAMES	
24	JOSNA JOSE	
25	KRISHNA BIJU	
26	KRISHNENDHU K S	
27	KUNDURTHI PRAVALLIKA	
28	LINI GEORGE	
29	MABLE JACOB	



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30	MARIA MATHEW	
31	MARIA SHAJI	<i>Maria Shaji</i>
32	MARIYA SANTHOSH	<i>Mariya Santhosh</i>
33	MUDI SRIVIDYA	<i>Mudi Srividya</i>
34	MUTHYALA RAMA SRI PRIYA	<i>Muthyala Rama</i>
35	PARVATHY SABU	<i>Parvathy Sabu</i>
36	PATTAPU HARSHA	<i>Pattapu Harsha</i>
37	PHIONA TOM	<i>Phiona Tom</i>
38	PUSAPATI LEELAVATHI	<i>Pusapati Leelavathi</i>
39	RESHMI MOHANAN	<i>Reshmi Mohanan</i>
40	RIYA ALEX	<i>Riya Alex</i>
41	SANDRA S	<i>Sandra S</i>
42	SHINCY SHIJU	<i>Shincy Shiju</i>
43	SINGIRI BHANUSRI	<i>Singiri Bhanusri</i>
44	SIYAMOL SIBY	<i>Siyamol Siby</i>
45	SNEHA A J	<i>Sneha A J</i>
46	SOUMI SUNNY	<i>Soumi Sunny</i>
47	SREELAKSHMI T G	<i>Sreelakshmi T G</i>
48	SURYA SURENDRAN	<i>Surya Surendran</i>
49	TESA TOMY	<i>Tesa Tomy</i>
50	THEERTHA R	<i>Theertha R</i>

Pallavi
Jaile
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